



## Southampton RFC

### LADIES' TEAM HEAD COACH POSITION

Southampton RFC is a progressive Rugby Club based in Southampton and after a successful 2018-19 season, the ladies team will be promoted to the RFUW National Challenge 1 league for the 2019-20 Season.

SRFC are seeking a keen and enthusiastic head coach / coaching team to help continue to grow and develop the current ladies' section! The ladies section currently have a training squad of 40 players. We are an ambitious team with aspirations to progress and compete at a higher level and look at also developing a second team over the next 3 years. We are always looking to increase playing membership and develop and challenge our players to maximise their potential.

#### Skills and qualifications

##### Essential:

- Accredited to at least RFU Coaching Level 2 or have already started the process.
- Organised and able to plan, communicate and implement full coaching sessions.
- Ability to work collaboratively with the player and club committees.
- Experience in goal setting in a sporting environment and working with players to achieve these goals.
- A keen motivator who can connect with, and enthuse, players of all abilities and ages.
- A good communicator who can deliver key technical and tactical improvements depending on the ability/knowledge of players.

##### Desirable

- Previous experience with a ladies' section.

#### Roles & Responsibilities

As part of the senior coaching team; to coach senior players according to the Club coaching strategy and Ethos.

- Encouraging the five core values of rugby; Respect, Teamwork, Discipline, sportsmanship and enjoyment.
- Provide regular planned coaching sessions and engage all players irrespective of age and ability.
- Provide player/team development and feedback from matches.
- Work with captain (and vice captain) to identify and lead selection of the team for match days.
- Be available for all training and matches (currently Monday and Thursday evenings, with matches on Sundays).
- Implement playing strategy of the team playing a key role in developing game tactics.
- Manage a positive training and playing environment through effective communication with players.

Promote the England Rugby core values and Southampton Rugby Club ethos and Code of Conduct in all aspects of your coaching and management of the team and environment.

Travel expenses can be accommodated.

In the first instance, if you would like further information about the role or would like to register your interest in the position, please e-mail Kirsty Donnellan: [southamptonladiesrugby@gmail.com](mailto:southamptonladiesrugby@gmail.com) or for further information call 07882121503.