



SENIOR COACH / PLAYER COACH POSITION

Millbrook, a progressive Rugby Club based near Southampton in Hampshire are looking for a Senior Coach to join the coaching team to help develop the standard of Coaching and Rugby within the club from 2016/17 season beyond.

The Club currently has two regular senior sides and an occasional social 3's/Vets side that play on a Saturday afternoon.

After gaining promotion from Hampshire Division 1, the 1's will be playing in London Division 3 South West (Level 8) and the 2's in the Solent League. We are looking to recruit sufficient players between now and the start of the season to be able to field a regular 3's/Vets team at least a couple of games a month.

Criteria

Ideally you should be accredited to at least RFU Coaching Level 2.

Must have at least 2 years experience of coaching at a suitable standard in a club in a Senior Coaching position.

You will be organised and be able to plan, communicate and implement a full coaching plan for the season in conjunction with the other Senior Coaches at the club.

Have a proven track record of progressive coaching and successfully achieving goals.

Roles & Responsibilities

Plan, prepare and deliver individual coaching sessions for the Senior Squad including pre-season fitness and conditioning sessions, core skills and tactical coaching.

Ensure that all sessions are designed to develop the skills, fitness and tactical abilities of all the players at the Club.

Monitor player attendance and personal development.

Evaluate coaching sessions with the Management and Coaching Team and where applicable the players.

Provide feedback to coaches and players and assist in their development.

Be a Key contributor and advisor to the Club Selection Committee.



Skills & Qualities

Commitment & Enthusiasm - This position will require a commitment of time to assist with the planning, preparation and delivery of training sessions on a Tuesday and Thursday evening and attendance on Saturday match days

Communication – The coach must be an effective communicator being able to vary delivery of technical information and instructions depending on the ability/knowledge of players.

Punctuality - The Coach sets the standards for the players at the club.

Planning - The Coach is directly responsible to insure that each training session is prepared and communicated to other members of the coaching team in good time.

Leadership - The Coach leads by example and set the standards required for the playing squad as they will need to be able to inspire all involved to maximise their potential.

Delegation - The Coach needs to be able to delegate and share responsibility to the Manager and other Coaches to ensure that they feel valued and their expertise is used effectively.

Team Work - The Coach needs to be able to work effectively with the Players, Other Coaches, Manager and the Club Rugby Committee.

In the first instance, if you would like further information about the role or would like to register your interest in the position, please give Mark Randell a call on 07585 665125.