



FAWLEY RFC

2016 ARMED FORCES DAY TOUCH RUGBY FESTIVAL

Dear All

On the 25th June 2016 Gang Warily Recreation centre will once again be hosting Fawley Armed Forces Day. Fawley RFC has the privilege in taking part in this event. As such we will be hosting a Touch Rugby Tournament. The aim is to encourage players of all ages and abilities to come along and enjoy a fun, social day playing touch rugby!

Touch rugby is a great way to enjoy being active and staying fit. The rugby core values of **Teamwork - Respect - Enjoyment - Discipline – Sportsmanship** are central to this modified version of the game. So come and give it a try and enjoy the day.

There are bonus points available for the inclusion of the following in your team:

- U16's
- Over 40's
- Women & Girls

Competition Format: - Teams of up to 10 players with six on the pitch at any one time. Teams can be male, female or mixed but players must be aged 12 and over. Teams will be drawn at random to play pool games and then seeded to compete at an appropriate level.

If you would like to enter please complete the attached form and return to Ross Macfarlane macfross@aol.com as soon as possible as numbers are limited. Closing date 10th June 2016

Hope to see you there!

Kind Regards

Ross Macfarlane
Fawley RFC Club Captain

ARMED FORCES DAY 2016 TOUCH RUGBY TOURNAMENT

If you would like to enter please complete the below:

Team Name (Be creative but clean!): _____

Host Club: _____

Team captain: _____

Captain's Phone number: _____

Captain's Email address: _____

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